

eNews Update

Release 9, Spring 2015



Dear Friends & Supporters,

Our focus for this Update is very much on fundraising. Like many other small charities we are finding it increasingly difficult to secure grant funding and need to look for ways to be more proactive in all aspects of fundraising.

Our aim now is to set up a fundraising committee to help re-energise our efforts and find some new opportunities and ideas for raising much needed money to help keep Bereavement Matters operating for the next 12 months. Please do get in touch if you would like to get involved.

There are lots of other ways you can help too:

- perhaps you could come along to one of our events? Take a look at the Dates for your Diary below.
- or sign up for our Lottery with a chance of winning the £25,000 jackpot each week, more details on our website: www.sabn.org.uk.
- or how about taking part in a challenge event? Take a look at our Fundraising Pack on our website: www.sabn.org.uk. There are also lots of ideas on the Charity Challenge or Institute of Fundraising websites: www.institute-of-fundraising.org.uk / www.charitychallenge.com

A big thank you to everyone who has supported us already this year!

St Albans and District Bereavement Network
Address: PO Box 671, St Albans, AL1 3ZX
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News

Join Our Fundraising Committee

With grants and funding becoming increasingly difficult to secure Bereavement Matters is looking to form a group of volunteers dedicated to helping with our fundraising efforts. We need help to find some new and innovative ways to grow support and raise much needed money so we can continue our work.

The fundraising work will be very varied and we are looking for people who are team players with lots of energy, enthusiasm and ideas. Previous experience in marketing, fundraising, promotions or event management would be helpful but is not essential.

This is a great opportunity for a group of like-minded people to come together, make a real difference and have some fun while supporting a valued local service. If you can help or would like to find out more about this role, please email ~ admin@sabn.org.uk.



Take A Look At What's Been Happening On Social Media

Don't forget to take a look at what's been happening on Social Media. You can access directly via the icons on our website www.sabn.org.uk.

Now we need your help – like us on Facebook and check-in regularly for news and updates and to add your own thoughts and comments.



<https://www.facebook.com/stalbansberevementnetwork>

Fundraising

David's Virgin London Marathon

Former client, David Rumble, has chosen to raise money for Bereavement Matters when he runs in this year's London Marathon on Sunday, 26th April 2015. Here's why David has chosen our charity:

Story

After losing our Dad in late 2013, I attended some counselling sessions with St Albans Bereavement network (SABN) to talk about it. Counselling gave me a chance to go through a thought process and spend some time getting to grips with our new reality.

The trained counsellors at SABN give their time for free, however, they do more specialist work with children that does incur a cost.

I will be pulling on my running shoes on 26th April and would be very grateful if you could help me bung these folks a few quid!
Thank you!

David

David has already past his £500 fundraising target but there is still time to push this amount higher. To sponsor David please visit his Just Giving page: <https://www.justgiving.com/RunRumbleRun2>

2015 Fundraising off to a good start

Piano concert ~ sincere thanks to professional piano duet Isabel Beyer and Harvey Dagul for choosing Bereavement Matters as the beneficiary for their fundraising concert. Not only was it a marvellous musical afternoon, the concert raised an amazing **£1,200**.

Easter Raffle ~ huge thanks to volunteer, Ann Barnes, who used her sewing talents to create an adorable Bunny Sleeping Bag which was raffled for Easter and raised **£95**.

But there is still a long way to go to raise enough money to enable us to continue operating for the next 12 months if you can help in any way please do get in touch: admin@sabn.org.uk.

Dates for your diary.....

Musical Evening at St Mary's Church, Redbourn

Saturday, 6th June 2015 at 7.30pm

Come and enjoy an evening of musical entertainment in Redbourn. The concert features the Redbourn Junior School Choir, Tring Park School for the Performing Arts and includes a Tribute to Flanders & Swann and Comedy Sketches.

Tickets: adults £15, children no charge. These can be purchased from our office at 31 Catherine Street, St Albans. AL3 5 BJ.



Strawberries & Fizz on a Summer Afternoon in St Albans,

Saturday 27th June 2015 from 2.30pm

Enjoy fresh strawberries and a glass of chilled fizz in this beautiful private garden in St Albans - a true taste of summer.

Tickets are just £10 each and can be purchased from our office at 31 Catherine Street, St Albans. AL3 5 BJ.

Annual Service of Remembrance & Thanksgiving, Sunday 22nd November 2015 from 2.30pm

Everyone is warmly invited to join us for a special service at St Albans Cathedral. This is a chance to join with others to remember family and friends who have died. If you would like to receive a reminder invitation and information about our Annual Book of Remembrance please email keepingyouinformed@sabn.org.uk to be added to our mailing list.



To find out more about our upcoming events

Call ~ **01727 841914** Email ~ admin@sabn.org.uk Website ~ sabn.org.uk

Data Protection 1998 ~ Please let us know if you prefer not to hear from us again and wish to have your details removed from our mailing lists for all future news, fundraising and event communications.

Email: admin@sabn.org.uk Telephone: **01727 841914**